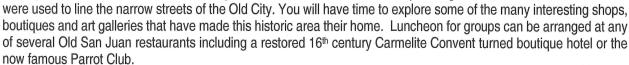
# Travel Services, Inc. – San Juan, Puerto Rico Optional Sightseeing Activities - A Sampling

The following represent a mere sampling of the wide variety of activities Puerto Rico has to offer...

#### City Tour of Old and New San Juan

See modern San Juan as you drive in air-conditioned comfort through the areas of Isla Verde, Condado, past Fort San Geronimo and on into Old San Juan, one of the most beautiful old cities in the New World. Your first stop is for a short visit to Fort San Cristobal, a mainstay of the San Juan fortification system, from which the Spanish successfully defended their city from British and Dutch attacks as well as frequent assaults from various and sundry pirates.

From here you will continue to Plaza Colon. As you get out and start to explore further on foot, you'll see the beautiful 17th century Spanish ironwork on the restored homes and note the blueblack glazed cobblestones that were brought to San Juan as ballast for the Spanish galleons, and





Many groups elect to see Old San Juan in the afternoon and segue on to cocktails and an evening affair with a late return to the hotel. This is a great way to keep costs and transfer times down by combining a tour with an evening return transfer. See our write-up on Off-Property Venues for Special Events or a fine dining program in San Juan!

#### ♦ Walking Historical Tour of Old San Juan

Visit the San Juan Cathedral and stroll through the Paseo la Princesa walk with our specially trained walking guides and discover the narrow streets of the city and the beautiful historical sites during this hour-and-one-half walking tour.

#### Shopping Transfers to Old San Juan

Should you want to step away from history for a moment...There are bargains to be had in the many shops, boutiques, outlet and the art galleries of Old San Juan. You will be dropped off at Plaza de Armas, a short walk from Cristo and Fortaleza Streets, heart of the shopping district.

#### ♦ Add a Visit to the Capitol to any of the City Tours

A fine example of Italian Classical Renaissance architectural style, the Capitol houses the Commonwealth's House of Representatives and the Senate. Many famous Puerto Rican artists collaborated on the capitol's interior design, which is highlighted by murals and mosaics depicting Puerto Rico's history, and also contains several galleries detailing important Puerto Rican women, politicians and governors.

#### ♦ Photographic Treasure Hunt:

If you are looking for a fun and unusual way to introduce your group to Old San Juan, try our treasure hunt... Not only will you discover the history of the second oldest settlement in the New World in an interactive way, you will also be involved in a great exercise in group dynamics!





#### Catamaran Sail-Away To an Uninhabited Island

You will leave your hotel in the morning and head out towards the eastern tip of the island. At one of Puerto Rico's beautiful private marinas you will board one of our catamarans and set sail for a tranquil uninhabited isle for a day of relaxation and fun. Snorkel the crystal clear Caribbean waters and explore our uninhabited cays. Relax on pristine white sand beaches. Arrangements include a deluxe build-your-own sandwich buffet onboard; Rum Punches, Piňa Coladas and refreshments; snorkeling equipment with instruction from your crew; and round trip transportation from your hotel.

- ♦ Sunset Cocktail Cruise
- ♦ Snorkeling trip to Culebra in the Spanish Virgin Islands

#### Deep Sea or Tarpon Fishing

Take your pick... Puerto Rico is the place for fishing! Charter a deep sea fishing boat and try your luck on the breeding grounds of the Blue Marlin or opt for an even earlier fishing trip to go after some Tarpon – the bite is guaranteed!

#### Coastal Kayaking

Enjoy snorkeling and kayaking in one of Puerto Rico's most beautiful beaches located on the northeast coast of Puerto Rico. You will participate in some exciting underwater exploration and also learn about the local marine life and ecosystems found in the area during a guided short stroll along one of the many stretches of beach found here. This is certainly a great experience for those looking for a fun-filled active day trip under the sun... Available March through August.

#### Eco Lovers Kayaking

If you enjoy water and nature... this is the tour for you! You will go on guided tour through the mangroves and Laguna Grande where you will learn about all of the ecosystems found in this extremely ecologically rich area. You will continue to a lovely stretch of beach where you will have approximately thirty minutes to relax, take in the sun or just enjoy a swim before making your return paddle to the departure site.

#### Mini Boat Island Hop and Snorkel Tour

Ladies & Gentlemen. Start your engines! The fun begins as we clear the breakwater of Puerto Chico Marina, heading North, Northeast along the bluffs of the "Las Cabezas de San Juan" Nature Reserve toward our first destination, the uninhabited Icacos Cay. Along the way, you'll enjoy vistas of the mountains of the "El Yunque" Rainforest, the Mangrove-lined coast and Fajardo's 130-year-old Spanish lighthouse. Snorkel Practice, Swimming & Beach Exploration will start at Icacos Cay, one of a string of cays which form the Cordillera Cays Nature Reserve. The Island features incredible turquoise water, great swimming beaches, coral sands and a lovely view back to the mainland. After this breathtaking uninhabited island, we will move on to fabulous snorkeling destination, "Cayo Lobos" (Wolves Cay). Here, snacks and refreshments can be found in coolers provided in each Mini Boat. Concluding the snorkeling, we board our MINI BOATS once more for the journey home to the Marina.

### Surfing Lessons

Each participant starts with dry land practice of going from lying to standing position on a board with emphasis on the correct way of getting up and proper foot positioning. After mastering this aspect you'll head into waist-deep water, close to shore, taking your surfboard with you. Here with the assistance of your instructor (there's one instructor for every seven to eight persons) you'll choose your wave and your instructor will assist you with a nudge towards shore

as you pop up from prone to standing position. What an exciting adventure for the first-timer!

## Full or Half Day Trip to El Yunque Rainforest

Puerto Rico's Caribbean National Forest boasts the only Rainforest under the U.S. Flag and is a "must see" on your visit to Puerto Rico. Giant hardwoods, tropical ferns over 40 feet tall, bamboo groves, and miniature orchids - you will view all of these in this spectacular tropical scenery. Your first stops will include La Coca Falls and

spectacular tropical scenery. Your first stops will include La Coca Falls and Yokahu Tower. Your group can enhance this tour with several options including





a visit to El Portal, the new multi-million dollar visitors' center that rises up from the tree canopy in a majestic fashion and overlooks the Atlantic Ocean. One of Travel Services' specially trained guides can also join you for a low impact walk/hike on the Caimitillo trail er a longer hike with a stop at a waterfall to go swimming. You'll hear the song of the small Puerto Rican frog "Coqui," and if you are lucky, you may even catch a glimpse of the nearly extinct Puerto Rican Parrot!

#### Horse Back Riding or ATV Adventure in the Countryside

Bilingual guides accompany every group on the trail ride on a 2,200 acre private property just 20 minutes from San Juan! Enjoy beautiful countryside views on the gentle, but spirited, Paso Fino horse or an exhilarating ride in a 2 passenger ATV - your choice! Mid-ride, you will hike to one of the many caves in the area where you will see original taino Indian carvings and maybe even catch a glimpse of some bats...

#### Tour of Bacardi Rum Distillery

Upon arrival, you are welcomed into an open-area patio with views of the beautifully manicured grounds. You are provided with an opportunity to sample one of Puerto Rico's finest rums- on the rocks, a *Cuba Libre*, *Mojito* or *Piňa Colada*. You will then board an open-air tram with a bilingual guide who will take you to their brand new Visitor's Building. This stop is followed by an opportunity to shop in the Bacardi Rum product store where you'll find ball caps, t-shirts, various rums and other related articles.

#### Kayaking in the Bioluminescent Bay

Taking place after nightfall, will kayak through a bioluminescent coastal area, under a mangrove tree canopy, observing the little microorganisms that make the water glow with light as fish dart across your path. Your kayak paddle will seem to drip little stars as you raise it from the water.

#### Canopy Tour

Guests will glide from platform to platform enjoying a bird's eye view of the forest while at the same time enjoying the rush of gliding, falling, and flying, through the trees. A lush tropical landscape is the backdrop for this activity as guests soar through the treetops. This is a once-in-a-lifetime experience that definitely allows them to enjoy Puerto Rico from a different perspective.

#### Carite Forest and Visit to Guavate

Experience food & relaxation in true Puerto Rican country-side fashion... First we will head south from San Juan to Guavate, an area commonly known for its pig roasteries; lined up one after the other on both sides of the road. These eateries, called "lechoneras" all serve tasty pig roasted on the spit and served with your choice of typical Puerto Rican sides such as rice stewed with pigeon peas, pastels or pickled green bananas. But before we eat we'll head up to the Carite Forest. A humid, sub-tropical forest that spans over 6,000 acres and is home to almost 50 different species of birds, plus countless species of ferns, palms and pine trees. Our visit will lead us down one of the well maintained

hiking trails (easy level, completely paved with minimal inclines) to one of the most famous of these natural pools: Charco Azul – which literally means Blue Pond. The Charco Azul is not deep on the sides, but in the very middle it does get pretty deep. You can choose to just wade in or take a plunge –but remember these are mountain waters so it will be cold! You'll want to wear your bathing suit and take a towel and change of clothes if you plan on going in.

Then you guide will lead you back to the vehicle and you'll visit one of the typical "Lechoneras". Featured on the Travel Channel and Food Network, this is where the locals go for great tasting food in a casual atmosphere. (Cost of lunch is not included in the tour price but can be arranged for groups.



# Camuy Caves Exploration in combination with Lago Dos Bocas or Ionospheric Observatory

The extensive subterranean cave systems are reported to be the largest in the Western Hemisphere. A drive of approximately two hours takes you past lush landscape, pineapple farms and jagged eroded limestone cliffs as you near the area of this massive subterranean wonderland. Your bilingual guide will escort you on foot through the enormous cave 200 feet high and a half-mile long. Some groups opt for an additional visit – travel down to Río Abajo Forest to the ferry pier of Lagos Dos Bocas where you will board the ferry for a gentle ride in this spectacular mountain region throughout this 1942 manmade lake... or, visit the Arecibo Observatory, site of the world's largest electronic radio telescope, run and operated by Cornell University. The huge 1000 feet in diameter dish is suspended above an underlying karst sinkhole, and has been the site for various Hollywood movies such as "Contact" and "Goldeneye," plus various television shows – a real, must see!



#### All Day Trip to Ponce with stops at Serrallés Castle & Buena Vista Coffee Plantation

Head inland through the lush green hills of the interior and across the Cordillera of mountains to the drier Caribbean side of the island to Ponce. Your full day trip includes a stop at the Buena Vista a 19th century Coffee Plantation that is run by the PR Conservation Trust and another stop at Serrallés Castle, the baronial estate of Puerto Rico's most powerful rum producing families.

#### Zip line Adventure at Hacienda Campo Rico

So much more than just zip-lining!! The adventure starts off by walking through the lush northern coastal plains. We continue by kayaking around the formations of the impressive karst mountains which are few in the world. At the end of our easy 15-30-minute kayaking session we will take a moderate 12 minute hike through the limestone formations. After reaching the top of the first mountain you will enjoy beautiful views including the coastline of the Atlantic Ocean, as well as the El Yunque Rainforest mountain range. The adventurers will experience 5 exhilarating ziplines which will glide you across beautiful sceneries of plantain fields, mountains and lagoons. Our professionally installed ziplines have double cables and pulleys for extra security. The participants will also enjoy our 3 exciting canopy hanging bridges at 30 feet above the trees. We offer one of the longest ziplines in Puerto Rico measuring 1,000 feet long and at 200 feet above ground. Our last zipline takes us directly to the unique hilltop Mojito Bar where guests will enjoy a delicious homemade Puerto Rican meal.

#### And much more ...

- ATV and Horseback Riding in the Foothills of the Rainforest
- Old San Juan Audio Tours (various languages)
- Scuba Diving
- Jet Skis
- Culinary Tours
- Art Classes
- Cooking Classes with World Famous Chefs
- Golfing

Shopping, Museums

#### EXPLORING

Tours are an excellent—way for delegates and their families to experience a destination together. Groups can enjoy nature hikes, zip lining, historic walks, coffee tours, snorkeling and evening kayaking trips to one of the three bio-luminescent bays on the island.



El Yunque National Rainforest: The only tropical rain forest in the U.S. National Forest system is a wonderful place to explore. Pack a picnic and discover the various hiking trails, depending on your level of expertise. Bathe in pools of crystalline waters or try to spot the elusive Puerto Rican parrot. You can enjoy vistas of both the Atlantic Ocean and the Caribbean Sea from the tops of the observation towers or just delight in at what nature has on display.

Coffee **Plantation Tours:** The cultivation and consumption of coffee in Puerto Rico has long been a tradition. Due to its quality and aroma, Puerto Rican coffee was one of the most sought European and American markets. Savor the opportunity of seeing coffee berries growing in the central mountains of the island. Or travel back in time at a restored coffee plantation to observe the harvest in the 18th century. Short on time? Take a class taught by a



local barista and learn to make beautiful, and delicious, latte art.



Historic walking tours of Old San Juan: Spend the day exploring the cobblestone streets of one of the oldest cities in the Western Hemisphere. One hundred years before the pilgrims landed on Plymouth Rock, San Juan already was welcoming travelers from Europe. Marvel at the jewel like tones of the houses. Visit the Cathedral, the first stop for disembarking voyagers and final resting place for Puerto Rico's first governor, Juan Ponce de Leon. Or wander around El Morro, the oldest fort in the US

National Park Service. Too hot? Grab a local icee, or *piragua*. Be sure to ask for the local favorite flavors!

Private Tour of Fort San Cristobal: Built by Spain to protect against land based attacks on the city of San Juan, Castillo de San Cristóbal is the largest fortification built by the Spanish in the New World. When it was finished in 1783, it covered about 27 acres of land. Revel in a candle lit tour of this centuries old fort. Listen to stories of soldiers, their lives and loves, and the everyday dangers that they faced. Travel down dark corridors to the dungeon and see what awaits you there!





Bacardi Rum Factory: Located across the bay from Old San Juan, a short 30 minute ride from the hotel district, is the Cathedral of Rum. Take a VIP tour that focuses on Puerto Rico's history of rum making and ends with a tasting of the varied rums Bacardi produces led by an ambassador of rum.

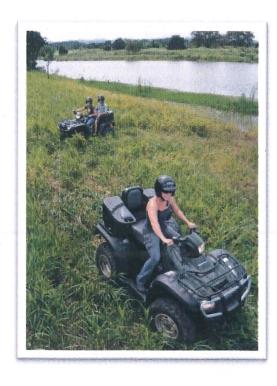
The Caribbean's Best Golf: The secret is out. Puerto Rico features some of the best golf courses, not only in the Caribbean, but in the world. Home to 26 golf courses, including 19 championship level courses, Puerto Rico boasts some of the most famous names in course design, including Greg Norman, Gary Player, Robert Trent Jones Sr., Tom and George Fazio, Rees Jones and Arthur Hills. Planted with strains of Bermuda grass adapted for Puerto Rico's climate, they are able to satisfy even the most discerning golfer.



# **FAMILY PROGRAM**



Hacienda Campo Rico: A classic Caribbean Style Hacienda located on the grounds of a former sugar cane plantation just a short 10-minute drive from San Juan. This is an ideal venue for exclusive events for 60 to 120 people, or an intimate group or family stay. This natural paradise also offers a lake for kayaking, a golf academy, golf practice range and miles of trails for horseback riding, ATV tours, jogging, walking, or bird watching. Roam through rugged terrain, over hills and tree tops, and through rivers in this spectacular valley with views of the El Yunque Rainforest. Whether by ATVs, horseback, or soaring on a zip line, the adventure never ends!





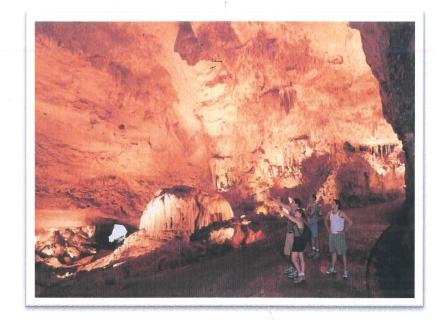


Children's Museum of Carolina: Children of all ages will enjoy this new children's museum located just 10 minutes the hotel zone. from Its interactive exhibits allow children and their families to play and learn at the same time. Kids can be mayor in the mini city or feel the strength of tropical storm winds in the ecosystem Outside, section. are play grounds, mangroves, and even a real airplane!



Kayaking the Bio Bays: Puerto Rico is blessed to have 3 of the approximately 10 bioluminescent bays in the world. Two are located on the island of Puerto Rico and one on the offshore community of Vieques. At night, paddle out to the middle of a calm lagoon. Soon you will see bright trails in the water as your kayaks startle small fish. All around you, the motion of paddles dipping up and

down, will cause a bluish tint to glow. As you scoop up the water, it will travel down your hand giving off little firework pops of light. Truly, this is a once in a lifetime experience!



Camuy Caving System: No trip to Puerto Rico would be complete without a tour of Camuy Caverns. This incredible 268acre park is the site of the great subterranean caverns carved out by the Camuy River over one million years ago. This river is the third largest underground river in the world. Over 10 miles of caverns, 220 caves and 17 entrances to the cave system have been mapped so far, but only a fraction of it is opened to the public. The impeccably

maintained trails gently descend 200 feet through a fern filled ravine to the yawning, cathedral-like caverns. You will wander past massive formations on a paved walkway to the bottom of a giant sinkhole. On your return to the surface you will overlook a sinkhole with a portion of the Camuy River flowing underground. The park is equipped with picnic areas, walking trails, food facilities, and exhibition hall and a souvenir shop, making it the perfect place to spend a day.